

RunnersWorld



T U L S A

# Tulsa Run 15K Registration Form

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

How did you hear about this training program? \_\_\_\_\_

Current level of fitness? Are you currently walking or running, lifting weights, biking, swimming, etc. \_\_\_\_\_

Goal time for 15K? \_\_\_\_\_

Are you a first time runner/walker? \_\_\_\_\_

How many races have you participated in? \_\_\_\_\_

Will this be your first Tulsa Run 15K? \_\_\_\_\_

