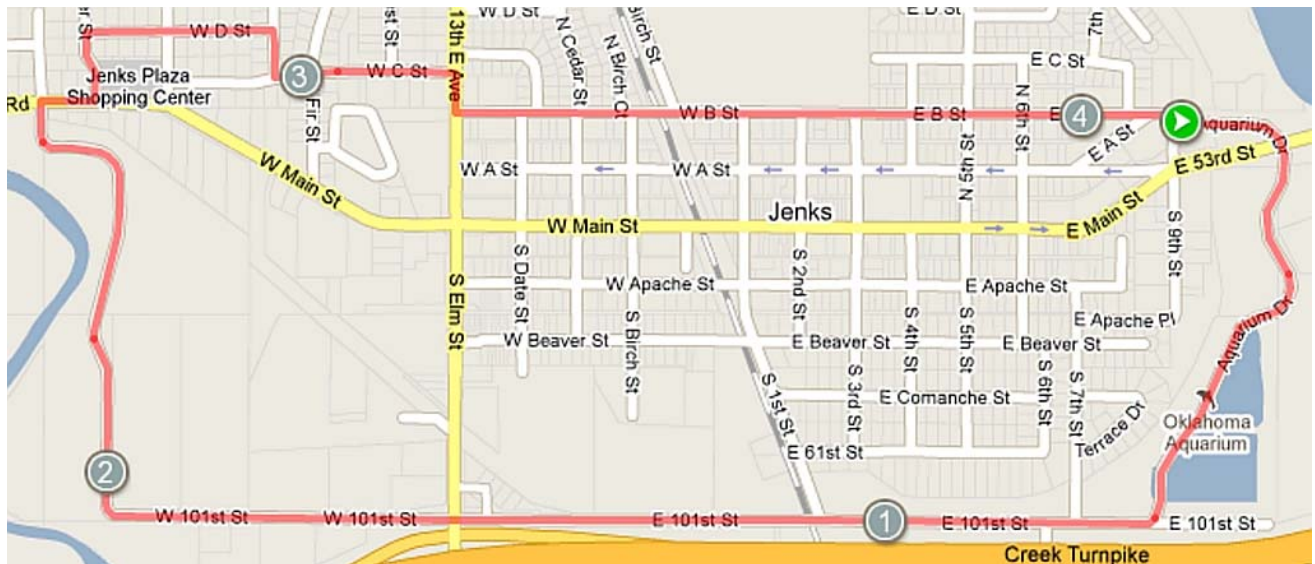


## February 6 – Start at Jenks RiverWalk

For a change, we are starting at Jenks RiverWalk. All distances start with the following pancake flat 4 mile route through Jenks. Here are the directions:

Follow Aquarium Drive and keep going straight past Peoria/Elm. Turn right and go past the athletic fields. At Main Street turn right and then a immediate left on Juniper. Turn right on D Street, right on Gum, and left on C Street. Turn right at Elm and immediately take a left on D Street and follow it back to the start.



**Beginner Half:** 9 miles. 4 mile Jenks loop + cross bridge to east side of the river and run north to the creek that is just north of the casino and then return to the Riverwalk.

**Advanced Half:** 11 miles. 4 mile Jenks loop + cross bridge to east side of the river and run north to Helmerich Park and then return to the Riverwalk.

**Beginner Full:** 14 miles. 4 mile Jenks loop + cross bridge to east side of the river and run north to 71<sup>st</sup>. Go south and then east on the trail to Harvard and then return to the Riverwalk.

**Intermediate Full, Zurich Marathon:** 16 miles. 4 mile Jenks loop + cross bridge to east side of the river and run north to 71<sup>st</sup>. Go south and then east on the trail to Yale and then return to the Riverwalk.

**Advanced Full:** 18 miles. 4 mile Jenks loop + cross bridge to east side of the river and run north to 71<sup>st</sup>. Go south and then east on the trail to Sheridan and then return to the Riverwalk.

## February 13 – Start at Veterans’ Park

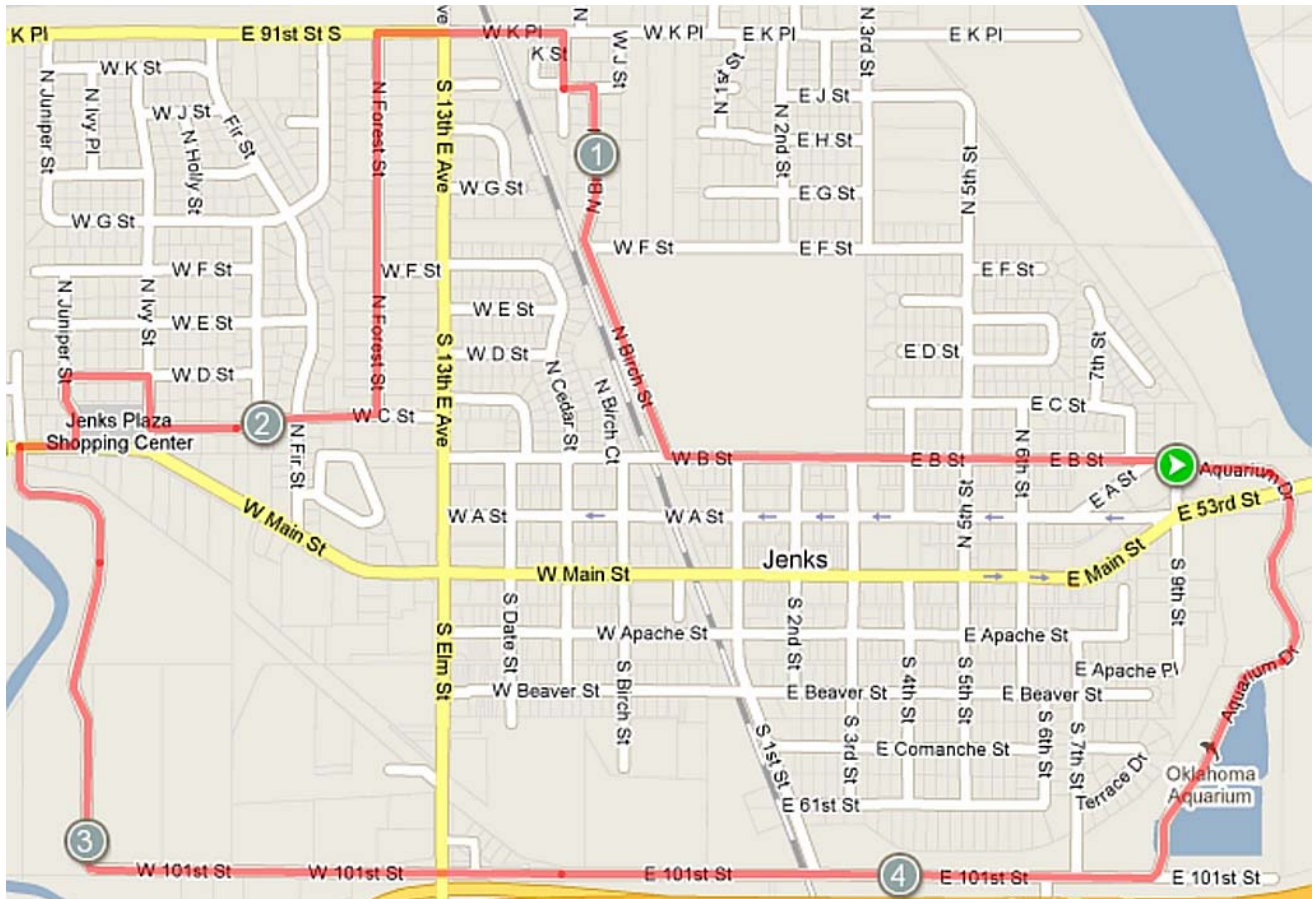
This is the day of the (almost) Valentine’s Day Poker Run. We will start at Veterans’ Park, but the route is a mystery. Be sure and come out that day to find out what the route will be.



## February 20 – Start at Jenks RiverWalk

All distances start with the following pancake flat 5 mile route through Jenks. It is sort of like the 4 mile route you did two weeks ago, but backwards and with an extra mile added. Here are the directions:

Start running west on B Street. Turn right on Birch Street. Turn left on J Street and right on Birch Place. Turn left on 91<sup>st</sup>/K Place. Turn left on Forest Street. Turn right on C street Turn right on Ivy Street, left on D Street, and left on Juniper Street. At Main Street turn right and then left onto KOA road. Follow the road past the athletic fields and turn left on 101<sup>st</sup> Street. Stay on 101<sup>st</sup> until it becomes Aquarium Drive. Follow Aquarium Drive back to Riverwalk.



**Beginner Half:** 10 miles. Run the 5 mile loop + cross river and run south and then east on the Creek Turnpike trail. Turn back at Yale and return to Riverwalk.

**Advanced Half:** 12 miles. Run the 5 mile loop + cross river and run south and then east on the Creek Turnpike trail. Turn back at Sheridan and return to Riverwalk.

**Beginner Full:** 16 miles. Run the 5 mile loop + cross river and run south and then east on the Creek Turnpike trail. Turn back at Mingo and return to Riverwalk.

**Intermediate Full, Advanced Full, Zurich Marathon:** 18 miles. Run the 5 mile loop + cross river and run south and then east on the Creek Turnpike trail. Turn back at Grace Fellowship and return to Riverwalk.



## February 27 – Start at Jenks RiverWalk

[www.mapmyrun.com/route/us/ok/jenks/845126299182438701](http://www.mapmyrun.com/route/us/ok/jenks/845126299182438701)

**Beginner and Advanced Half: 7 miles.** Cross bridge, go north on trail to Helmerich Park (go into the park) and return to Jenks Riverwalk. This will be a little short of the 7 miles on your schedule, but that's okay. This is a step back week, and you deserve a break.

### **Beginner and Intermediate Full, Zurich**

**Marathon: 8 miles.** Cross bridge, go north on trail to 71<sup>st</sup> St. (going into Helmerich Park for a water stop) and return to Jenks Riverwalk.

**Advanced Full: 20 miles.** Cross bridge, go north on trail to 71<sup>st</sup> St. (taking detour into Helmerich Park for a water stop). Cross river and take west side trail to pedestrian bridge. Cross to east side and go to restrooms just north of pedestrian bridge. Retrace your steps back to Jenks Riverwalk.

