

GREENPEOPLE

Trail Run

For Climate Change Awareness

June 16th at Pat Murphy Park/Bluff Creek Trails, at the corner of W. Hefner and Meridian. Registration and event instructions start at 8:30. Runners take off at 9:00. Run as many loops as you like on this 5 mile course. Two aid stations stocked with water, Gatorade, oranges, pretzels and whatever else we think of! There will be a Poker Run. You will receive 3 cards at the completion of each loop. Best poker hand wins... SOMETHING GREAT! Run a lap, get your cards, eat a hot dog, then run another. No penalty for taking long breaks between laps. But the more laps you run, the more cards you get. Have your cards ready at 1:30 for the Poker Game. You are welcome to keep running laps after that, but the aid stations will be cleaned up soon after.

This event is not a race. No bib numbers, no timing chips. The winners are all participants who will learn about global warming, ways to limit it, recycling and to respect the Earth. What better way to celebrate the Summer Solstice!

Your \$5.00 donation / per person will get you a wonderful event, aid stations during the run, and family entertainment at the Start/Finish area. Hot-dogs, veggie dogs, beer and soft drinks available throughout the day.

Name _____
Email _____
Phone _____

I understand that Trail Running can be dangerous. I assume all risks during this event, and will not hold OKC Trail Running Association, Bluff Creek Trails, Oklahoma City, or any other entity involved with this event responsible.

Signature _____

Make checks payable to: Oklahoma Trail Runners Association – Or register in person at event.
3421 NW 25th Street
OKC, OK 73107

For more information: cranwell@cox.net or Katharine at 820-2243